

Hotel de Vie

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Tantra offers a modern day approach to discovering more zest for life and to explore what it truly means to be sexual. It helps us to claim pleasure and enjoyment both for ourselves and for our relationships. The Taste of Tantra weekend is a first step on a potentially exciting and transformative adventure. This weekend is designed to give you an educational, sensual and fun experience. There will be a combination of teaching, socialising, demonstrations and practical exercises from Martin Hellowell and Sue Newsome who have been working with Tantra for over 10 years. The weekend will include the following:

- What is Tantra?
- Importance of touch
- Tantric practices to take away
- Sexual communication
- Private consultation time
- Group discussions.

This is a wonderful opportunity if you are looking to enhance your sex life, have a curiosity about Tantra or want a 'weekend away' with a difference. At the end of the weekend, you will have experienced a deeper connection with your partner, have practices to repeat at home, have broadened your perspectives on intimacy and pleasure and have had some great fun! The combination of tantric teaching in the sensual and luxurious setting of the Hotel de Vie makes for a rich and rewarding time.

We are planning to run this weekend during late spring \ early summer please get in touch for further details.



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